Cyberbullying Resources

Royal Canadian Mounted Police

The RCMP has several bullying and cyberbullying resources for teachers, including lesson plans for grades 4-12 and public safety videos. Visit the RCMP Website for more information and for additional resources.
Bullying: Learning resources | Royal Canadian Mounted Police (rcmp-grc.gc.ca)

ConnectSafely

ConnectSafely offers a comprehensive guide for children and adults on Cyberbullying. The website offers tips on taking action against a cyberbully and what parents should do to support their bullied child.
Tips to Help Stop Cyberbullying | ConnectSafely

Cyberbullying: Four Steps to Protect Your Kids

University of Guelph Assistant Professor Ryan Broll offers parents tips to support their cyber-bullied child, including teaching online respect and responsibility, monitoring a child's online activities, and being accepting yet mindful of a child's online life.
Cyberbullying: Four steps to protect your kids (theconversation.com)

Protect Kids Online

ProtectKidsOnline.ca. is a website of the Canadian Centre for Child Protection Inc. designed to help parents/guardians stay on top of the digital world their children are engaging in. Here you'll find information about the ever-changing online interests of young people, the potential risks they face and proactive strategies to help keep your child/adolescent safe while online.
https://protectkidsonline.ca/app/en/interests_and_risks-5_to_7
https://protectkidsonline.ca/app/en/interests_and_risks-8_to_10

Kids Help Phone

Kids Help Phone explains how to stay safe from cyberbullying and what to do if you are a victim. They can be contacted 24/7 for support or more information about cyberbullying.

[Cyberbullying: How to stay safe - Kids Help Phone](#)

MediaSmarts

MediaSmarts explores the myths and realities of cyberbullying and offers tips for adults to help young people who are involved in it. This resource provides many articles that dive into this and shares proactive strategies for cyberbullying.

[Cyberbullying | MediaSmarts](#)

WITS Programs Foundation thanks the organizations listed above for their generous permission to share their materials.