



# What Happened to You?

## Activity 1: What is a Disability?

### **Format:**

- Teacher-Facilitated Group Discussion

### **Materials:**

- Chalk/white board, chart paper

### **Timing:**

- Following the pre-reading discussion

### **Instructions:**

1. Guide students brainstorm answers to the question: What is a disability?
2. Record their answers on a chalk/white board or chart paper
  - This book discusses visible disabilities, but it's okay if students want to discuss invisible disabilities and mental health concerns as well.
3. Gauge how much background discussion you need to support students' understanding of this reading.

## Activity 2: Introduction

### **Format:**

- Small Groups
- Teacher-Facilitated Group Discussion

### **Materials:**

- Chart paper or other large paper
- Colouring pencils, markers, crayons

**Timing:**

- While Reading

**Instructions:**

1. Divide students into small groups and distribute the required material
2. Instruct students to brainstorm and record their responses to the question: When we meet someone, how can we show them we want to be friends?
  - Students can write or draw out their ideas on chart paper to share with the class.
3. Ask students to share their ideas with the class.
4. Next, have students take some of the ideas that were shared and move around the class introducing themselves to other classmates using the following script:
  - "Hi my name is \_\_\_\_ and I am \_\_\_\_ years old. I really like \_\_\_\_\_. [Ask new friend a question but remember we do not ask people questions about their bodies. You can ask: Their name, age, if they want to play, favourite book/sport, etc.]"
5. Once students have had a chance to practice, discuss the following as a class:
  - What are some other things you might ask someone you've just met?

## Activity 3: Story of New Friends

**Format:**

- Small Groups

**Materials:**

- Letter size paper
- Colouring pencils, markers, crayons

**Timing:**

- Following the post-reading discussion

**Instructions:**

1. Divide students into small groups
2. Guide them to imagine what they would do if they saw a student being left out of a game in the school yard. Ask them to think about:
  - Why might that student be left out?
  - What can they do to include the student in the game?
3. Ask each groups to share back their thoughts.
  - Option: Each group can draw and cut out paper characters to act out the scenario and what they would do to include the student.