

WITS CONNECTIONS: INCLUSION, SOCIAL RESPONSIBILITY, KINDNESS, RESOLVING CONFLICTS

QUESTIONS AND ACTIVITIES

PRE-READING ACTIVITIES

There is a lovely video telling of this book at:

<https://search.yahoo.com/yhs/search?p=the+sandwich+swap&ei=UTF-8&hspart=mozilla&hsimp=yhs-001>

1. The author is Queen Raina of Jordan.

Queen Raina does advocacy work related to [education](#), health, community empowerment, youth, cross-cultural dialogue and [micro-finance](#). She is also an avid user of social media and she maintains pages on [Facebook](#), [YouTube](#), [Instagram](#) and [Twitter](#). She has two daughters and two sons. For more see https://en.wikipedia.org/wiki/Queen_Rania_of_Jordan#Marriage_and_family



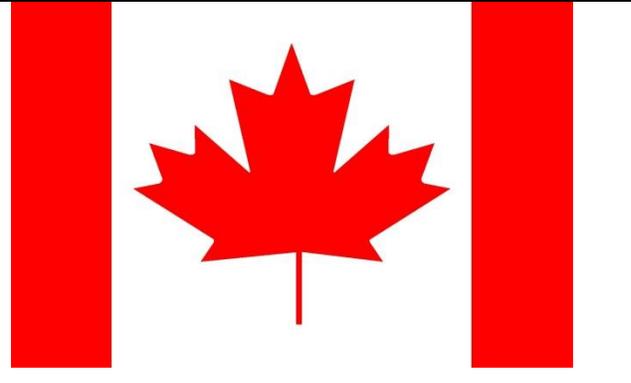
2. Where is Jordan anyway? Check your world map! Learn about other Middle East countries where pita and humus are really popular - Jordan, Lebanon, Israel, Syria, United States and

Canada! Where are these countries? Find it on your classroom map of the world. It would take about 15 hours to fly to Jordan from Vancouver!

2. What are favorite sports in middle east countries? (Basketball, Soccer and Rugby). What games do children play? (Monopoly, chess, checkers, card games, and backgammon).

3. What is pita bread? What is hummus?

4. Check this out: Lebanese and Canadian Flags are alike in many ways.

	
<p>The tree on the flag is Lebanon cedar. It is an endangered tree due to dryness and logging.</p>	<p>What tree is represented on the Canadian flag? Why did we choose a maple leaf?</p>

POST READING QUESTIONS

1. Why didn't each girl like the other girl's lunch? (They had never tried it. It looked and smelled different from what they were used to eating).

2. Are there any foods the children in your class didn't like when you were younger but like now? What is the favorite lunch food of your students? Do they eat the same thing every day?

3. What was the surprise at the end of the book? Ask your children to draw a picture of the food each would you bring to the picnic table at the end of the story. Make your own table, with a peanut butter sandwich at one end and a pita and humus sandwich at the other.

POST READING ACTIVITES

1. How do you make pita? What's in it (wheat, yeast with a little sugar, egg, water, and salt). Watch a great 10 minute video to see how it is made

<https://search.yahoo.com/yhs/search?p=making+pita+bread+video&ei=UTF-8&hspart=mozilla&hsimp=yhs-001>. (What is yeast?)

2. What are chick peas anyway? Open a can of chick peas for a look and taste the real thing. How do you make humus with chick peas (also called garbanzo beans)? What else do you need? (olive oil, lemon juice, and garlic). See a two minute video about making hummus!

<http://www.inspiredtaste.net/15938/easy-and-smooth-hummus-recipe/>

3. It's time for line dancing! Learn a traditional dance: the DABKE! You can learn the easy steps to this traditional line dance at: *How to Dabke*.

https://ca.video.search.yahoo.com/yhs/search;_ylt=A2KIo9w7PuZZAVgAe5c87oIQ;_ylu=X3oDMTBncGdyMzQ0BHNIYwNzZWfyY2gEdnRpZAM;_ylc=X1MDMTM1MTIxNjcwMARfcgMyBGFjdG4DY2xrBGJjawNINWNvNDFkOTE3N2pqJTI2YiUzRDMIMjZzJTNEM2cEY3NyY3B2aWQDaC5obGJ6RXdMakxpc3dRTRFVoT2Vjd2dITVRReUxnQUFBQUi3RUtjawRmcgN5aHMtbW96aWxsYS0wMDEEZnIyA3NhLWdwBGdwcmlkA2FxcEgzdko0U1NHdTBPbGpZeWpDckEEbXRlc3RpZANudWxsBG5fcnNsdAM2MARuX3N1Z2cDMARvcmlnaW4DY2EudmlkZW8uc2VhcmNoLnIhaG9vLmNvbQRwb3MDMARwcXN0cGMEcHFzdHJsAWRxc3RybAMxMwRxdWVyeQNIb3cgVG8gRGFia2UgBHRfc3RtcAMxNTA4MjYxNDU1BHZ0ZXN0aWQDbnVsbaA?gprid=aqpH3vJ4SSGu00ljYyjCrA&pvId=h.hlbzEwLjLiswQLUhOecwgHMTQyLgAAAB7EKck&p=How+To+Dabke+&ei=UTF8&fr2=p%3As%2Cv%3Av%2Cm%3Asa&fr=yhsmozilla001&hsimp=yhs001&hspart=mozilla#id=3&vid=b6814a7d493aa3ce970ca94f40293b3c&action=view

You can find more Dabke dance music at <https://www.youtube.com/watch?v=nwx5cgkFNr0> so you can keep on dancing.

Now learn the Chicken Dance!

a. See u-tube lesson at: <https://search.yahoo.com/yhs/search?p=chicken+dance&ei=UTF-8&hspart=mozilla&hsimp=yhs-001>



c. What dance moves have your students' learned? Hip Hop? Pokka? Maybe students can choreograph their own sequence. Put on a dance show in your classroom, playground, or gym!

d. Improvise. Make up your own dance. Act out any music you like (see the WITS IN MOTION dances at www.witsinmotion.ca).

3. Read another book about lunch food and see the lesson plan *for Spaghetti in a Hot Dog Bun: Having the Courage To Be Who You Are* by [Maria Dismondy](#) (Author), [Kathy Hiatt](#) (Editor), [Kim Shaw](#) (Illustrator)