

Looking After Me: Happy, Sad, Afraid Handout

Name _____

<p>When I am happy I like to _____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>When I am mad or sad I talk it out with</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>When I am afraid I seek help by</p> <p>_____</p> <p>_____</p> <p>_____</p>